

# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 1

Generated on: 10/31/2018 2:54:26 PM

|                                     | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 11/01/2018                    |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor          | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Cereal, Assorted, 96ct              | 1 oz bowl    | 1         | *N/A*       | *N/A*       | *N/A*     | *N/A*     | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | *N/A*     | *N/A*    | *N/A*     | *N/A*     | *N/A*                   |
| Yogurt, Peach, Schreiber, 48ct      | 4 oz         | 1         | 90          | 5           | 65        | 0.00      | 0.00      | 15.0       | 15         | 0.0        | 12         | 4.0       | 17.0     | 1.0       | 0.50      | 0.00                    |
| Yogurt, Strawbry, 4oz, 48ct, Yami   | 4 oz ea      | 1         | 100         | 5           | 50        | 0.00      | 0.00      | 150.0      | 100        | 0.0        | 15         | 4.0       | 19.0     | 1.5       | 1.00      | 0.00                    |
| Cracker, Graham, Van, Bear, 300/2pk | 1pk ea       | 1         | 110         | 0           | 95        | 2.00      | 2.00      | 13.0       | 336        | 4.0        | *N/A*      | 2.0       | 20.0     | 3.5       | 0.50      | 0.00                    |
| Peach, Sli, Cnd, Lt, 144/4oz        | 1/2 cup      | 1         | *N/A*       | *N/A*       | *N/A*     | *N/A*     | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | *N/A*     | *N/A*    | *N/A*     | *N/A*     | *N/A*                   |
| Raisin, Pkt/Box, Ind, 144ct         | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins, Ocean Spray, 200ct        | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk, Fat-Free, RockView, 8oz       | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk, Lowfat 1%, RkView, 8oz        | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk, Soy, Rckvw, 24/8oz            | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average              |              |           | 872         | 30          | 631       | 8.56      | 4.78      | 1088.6     | 1451       | 10.84      | *35        | 39.95     | 153.59   | 13.70     | 4.06      | 0.00                    |
| % of Calories                       |              |           |             |             |           |           |           |            |            |            | *16.1%     | 18.3%     | 70.5%    | 14.2%     | 4.2%      | 0.0%                    |
| Nutrient Guideline                  |              |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                                   |            |   |         |       |       |       |       |       |       |       |       |       |        |       |        |       |
|-----------------------------------|------------|---|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------|-------|--------|-------|
| Fri - 11/02/2018                  |            |   |         |       |       |       |       |       |       |       |       |       |        |       |        |       |
| Breakfast Menu Prod. Recor        | Total      | 1 |         |       |       |       |       |       |       |       |       |       |        |       |        |       |
| Pancake/Saus, Stk, Trk, Sys, 60ct | 1 ea/75gm  | 1 | 170     | 30    | 300   | 3.00  | 1.80  | 20.0  | 0     | 0.0   | 6     | 8.0   | 18.0   | 8.0   | 2.00   | 0.00  |
| Syrup, Pancake, 128/1oz serv      | 1 oz       | 1 | 110     | 0     | 100   | 0.00  | 0.00  | 0.0   | 0     | 0.0   | *N/A* | 0.0   | 27.5   | 0.0   | 0.00   | 0.00  |
| Peach, Sli, Cnd, Lt, 144/4oz      | 1/2 cup    | 1 | *N/A*   | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A* | *N/A*  | *N/A* | *N/A*  | *N/A* |
| Raisin, Pkt/Box, Ind, 144ct       | 1.33 oz    | 1 | 112     | 0     | 11    | 2.56  | 0.98  | 10.6  | 0     | 2.04  | *N/A* | 0.95  | 29.59  | 0.2   | 0.07   | 0.00  |
| Craisins, Ocean Spray, 200ct      | 1 pkg      | 1 | 110     | 0     | 0     | 3.00  | 0.00  | 0.0   | 0     | 0.0   | *N/A* | 0.0   | 28.0   | 0.0   | 0.00   | 0.00  |
| Milk, Fat-Free, RockView, 8oz     | 8oz carton | 1 | 90      | 5     | 120   | 0.00  | 0.00  | 300.0 | 500   | 2.4   | *N/A* | 9.0   | 12.0   | 0.0   | 0.00   | 0.00  |
| Milk, Lowfat 1%, RkView, 8oz      | Carton     | 1 | 120     | 15    | 140   | 0.00  | 0.00  | 300.0 | 500   | 2.4   | *N/A* | 10.0  | 16.0   | 2.5   | 1.50   | 0.00  |
| Milk, Soy, Rckvw, 24/8oz          | 8 oz       | 1 | 140     | 0     | 150   | 1.00  | 1.80  | 300.0 | 0     | 0.0   | 8     | 10.0  | 12.0   | 5.0   | 0.50   | 0.00  |
| Weighted Daily Average            |            |   | 852     | 50    | 821   | 9.56  | 4.58  | 930.6 | 1000  | 6.84  | *14   | 37.95 | 143.09 | 15.70 | 4.07   | 0.00  |
| % of Calories                     |            |   |         |       |       |       |       |       |       |       | *6.6% | 17.8% | 67.2%  | 16.6% | 4.3%   | 0.0%  |
| Nutrient Guideline                |            |   | 400-500 |       | 540   |       |       |       |       |       |       |       |        |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 2

Generated on: 10/31/2018 2:54:26 PM

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | CalcM (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Mon - 11/05/2018               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Wrap,Egg&Ch,75ct,SF40275       | 1 each/3.1   | 1         | 180         | 170         | 410       | 2.00      | 0.72      | 100.0      | 300        | 0.0        | *N/A*      | 10.0      | 14.0     | 10.0      | 4.00      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0      | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0        | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0       | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Strawberry,Cup,USDA,96ct       | 1cup/128g    | 1         | 90          | 0           | 0         | 1.99      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 18         | 1.0       | 21.93    | 0.0       | 0.00      | 0.00                    |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average         |              |           | 1402        | 190         | 1663      | 16.58     | *38.71    | *1491.6    | *3705      | *36.90     | *45        | 47.97     | 249.75   | 28.21     | 6.56      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *12.8%     | 13.7%     | 71.2%    | 18.1%     | 4.2%      | *0.0%                   |
| Nutrient Guideline             |              |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                                |                |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
|--------------------------------|----------------|---|---------|-----|------|-------|--------|---------|-------|--------|--------|-------|--------|-------|--------|-------|
| Tue - 11/06/2018               |                |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| Breakfast Menu Prod. Recor     | Total          | 1 |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| FrnchTstStk,SF,130/3per,40032  | 3Sticks/2.65oz | 1 | 170     | 125 | 290  | 2.00  | 1.80   | 40.0    | 0     | 0.0    | *N/A*  | 8.0   | 25.0   | 4.0   | 1.00   | 0.00  |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz           | 1 | 110     | 0   | 110  | 2.00  | 4.50   | 100.0   | 500   | 6.0    | 10     | 2.0   | 22.0   | 1.5   | 0.00   | 0.00  |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each         | 1 | 120     | 0   | 130  | 0.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 23.0   | 3.5   | 0.50   | *N/A* |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each         | 1 | 120     | 0   | 250  | 1.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 24.0   | 3.0   | 0.00   | 0.00  |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each         | 1 | 100     | 0   | 200  | 2.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 2.0   | 23.0   | 1.0   | 0.00   | 0.00  |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each         | 1 | 1       | 0   | 3    | 0.02  | 0.11   | 1.0     | 5     | 0.06   | *N/A*  | 0.02  | 0.24   | 0.01  | 0.00   | 0.00  |
| Cereal,Trix,GM,96ct            | 1 oz           | 1 | 110     | 0   | 140  | 1.00  | 3.60   | 80.0    | 400   | 6.0    | 9      | 1.0   | 24.0   | 1.5   | 0.00   | 0.00  |
| Strawberry,Cup,USDA,96ct       | 1cup/128g      | 1 | 90      | 0   | 0    | 1.99  | *N/A*  | *N/A*   | *N/A* | *N/A*  | 18     | 1.0   | 21.93  | 0.0   | 0.00   | 0.00  |
| Craisins,OceanSpray,200ct      | 1 pkg          | 1 | 110     | 0   | 0    | 3.00  | 0.00   | 0.0     | 0     | 0.0    | *N/A*  | 0.0   | 28.0   | 0.0   | 0.00   | 0.00  |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz        | 1 | 112     | 0   | 11   | 2.56  | 0.98   | 10.6    | 0     | 2.04   | *N/A*  | 0.95  | 29.59  | 0.2   | 0.07   | 0.00  |
| Milk,Fat-Free,RockView,8oz     | 8oz carton     | 1 | 90      | 5   | 120  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 9.0   | 12.0   | 0.0   | 0.00   | 0.00  |
| Milk,Lowfat1%,RkView,8oz       | Carton         | 1 | 120     | 15  | 140  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 10.0  | 16.0   | 2.5   | 1.50   | 0.00  |
| Milk,Soy,Rckvw,24/8oz          | 8 oz           | 1 | 140     | 0   | 150  | 1.00  | 1.80   | 300.0   | 0     | 0.0    | 8      | 10.0  | 12.0   | 5.0   | 0.50   | 0.00  |
| Weighted Daily Average         |                |   | 1392    | 145 | 1543 | 16.58 | *39.79 | *1431.6 | *3405 | *36.90 | *45    | 45.97 | 260.75 | 22.21 | 3.57   | *0.00 |
| % of Calories                  |                |   |         |     |      |       |        |         |       |        | *12.9% | 13.2% | 74.9%  | 14.4% | 2.3%   | *0.0% |
| Nutrient Guideline             |                |   | 400-500 |     | 540  |       |        |         |       |        |        |       |        |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Nov 1, 2018 thru Nov 30, 2018**

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Portion Values - Detailed

Page 3

Generated on: 10/31/2018 2:54:26 PM

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|--------------|-------------------------|
| <b>Wed - 11/07/2018</b>                 |              |           |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| Breakfast Menu Prod. Recor              | Total        | 1         |             |             |           |           |           |            |            |            |               |                |                 |                |              |                         |
| Wrap,Egg,Chorizo&Ch,75ct40262           | 1Ea/3.45 o   | 1         | 180         | 190         | 420       | 2.00      | 0.72      | 80.0       | 400        | 2.4        | 1             | 10.0           | 15.0            | 9.0            | 3.50         | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct           | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0      | 500        | 6.0        | 10            | 2.0            | 22.0            | 1.5            | 0.00         | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct            | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*         | 1.0            | 23.0            | 3.5            | 0.50         | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct             | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*         | 1.0            | 24.0            | 3.0            | 0.00         | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct          | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*         | 2.0            | 23.0            | 1.0            | 0.00         | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct             | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0        | 5          | 0.06       | *N/A*         | 0.02           | 0.24            | 0.01           | 0.00         | 0.00                    |
| Cereal,Trix,GM,96ct                     | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0       | 400        | 6.0        | 9             | 1.0            | 24.0            | 1.5            | 0.00         | 0.00                    |
| Strawberry,Cup,USDA,96ct                | 1cup/128g    | 1         | 90          | 0           | 0         | 1.99      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 18            | 1.0            | 21.93           | 0.0            | 0.00         | 0.00                    |
| Raisin,Pkt/Box,Ind,144ct                | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*         | 0.95           | 29.59           | 0.2            | 0.07         | 0.00                    |
| Craisins,OceanSpray,200ct               | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*         | 0.0            | 28.0            | 0.0            | 0.00         | 0.00                    |
| Milk,Fat-Free,RockView,8oz              | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*         | 9.0            | 12.0            | 0.0            | 0.00         | 0.00                    |
| Milk,Lowfat1%,RkView,8oz                | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*         | 10.0           | 16.0            | 2.5            | 1.50         | 0.00                    |
| Milk,Soy,Rckvw,24/8oz                   | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8             | 10.0           | 12.0            | 5.0            | 0.50         | 0.00                    |
| Weighted Daily Average<br>% of Calories |              |           | 1402        | 210         | 1673      | 16.58     | *38.71    | *1471.6    | *3805      | *39.30     | *46<br>*13.1% | 47.96<br>13.7% | 250.75<br>71.5% | 27.21<br>17.5% | 6.07<br>3.9% | *0.00<br>*0.0%          |
| Nutrient Guideline                      |              |           | 400-500     |             | 540       |           |           |            |            |            |               |                |                 |                | <10.00       |                         |

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Page 4

Generated on: 10/31/2018 2:54:26 PM

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | CalcM (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 11/08/2018               |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Bar,BenFtOatChoChip,48ct#40401 | 1Each/2.5 OZ | 1         | 290         | 20          | 240       | 3.00      | 1.80      | 20.0       | 0          | 0.0        | 22         | 5.0       | 47.0     | 9.0       | 3.00      | 0.00                    |
| Bar,BnFit,AplBryChp,48ct#40405 | 1Each/2.5 OZ | 1         | 6           | 0           | 4         | 0.06      | 0.03      | 0.0        | 0          | 0.0        | 0          | 0.1       | 1.0      | 0.19      | 0.06      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0      | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0        | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0       | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Peach,Cup,Fzn,USDA,96ct        | 4.4 oz cups  | 1         | 117         | 0           | 7         | 2.00      | 0.50      | 4.0        | 85         | 118.0      | *N/A*      | 0.0       | 30.0     | 0.01      | 0.00      | *N/A*                   |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Juice,Orange,12ctns,384/8ozsv, | 8 oz         | 1         | 56          | 0           | 2         | 0.20      | 0.12      | 12.0       | 134        | 48.4       | 10         | 0.84      | 13.42    | 0.08      | 0.00      | 0.00                    |
| Weighted Daily Average         |              |           | 1602        | 40          | 1506      | 17.85     | 40.44     | 1427.6     | 3624       | 203.30     | *60        | 42.91     | 305.25   | 27.49     | 5.63      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *15.0%     | 10.7%     | 76.2%    | 15.4%     | 3.2%      | *0.0%                   |
| Nutrient Guideline             |              |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                                |             |   |     |    |     |      |       |       |     |       |       |      |       |      |      |       |
|--------------------------------|-------------|---|-----|----|-----|------|-------|-------|-----|-------|-------|------|-------|------|------|-------|
| Fri - 11/09/2018               |             |   |     |    |     |      |       |       |     |       |       |      |       |      |      |       |
| Breakfast Menu Prod. Recor     | Total       | 1 |     |    |     |      |       |       |     |       |       |      |       |      |      |       |
| Bread,PanDulce,Varty 84ct#1450 | 1ea/64g     | 1 | 200 | 5  | 90  | 2.00 | *N/A* | 40.0  | 0   | 0.0   | 8     | 5.0  | 34.0  | 6.0  | 1.50 | 0.00  |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz        | 1 | 110 | 0  | 110 | 2.00 | 4.50  | 100.0 | 500 | 6.0   | 10    | 2.0  | 22.0  | 1.5  | 0.00 | 0.00  |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each      | 1 | 120 | 0  | 130 | 0.00 | 9.00  | 100.0 | 500 | 6.0   | *N/A* | 1.0  | 23.0  | 3.5  | 0.50 | *N/A* |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each      | 1 | 120 | 0  | 250 | 1.00 | 9.00  | 100.0 | 500 | 6.0   | *N/A* | 1.0  | 24.0  | 3.0  | 0.00 | 0.00  |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each      | 1 | 100 | 0  | 200 | 2.00 | 9.00  | 100.0 | 500 | 6.0   | *N/A* | 2.0  | 23.0  | 1.0  | 0.00 | 0.00  |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each      | 1 | 1   | 0  | 3   | 0.02 | 0.11  | 1.0   | 5   | 0.06  | *N/A* | 0.02 | 0.24  | 0.01 | 0.00 | 0.00  |
| Cereal,Trix,GM,96ct            | 1 oz        | 1 | 110 | 0  | 140 | 1.00 | 3.60  | 80.0  | 400 | 6.0   | 9     | 1.0  | 24.0  | 1.5  | 0.00 | 0.00  |
| Peach,Cup,Fzn,USDA,96ct        | 4.4 oz cups | 1 | 117 | 0  | 7   | 2.00 | 0.50  | 4.0   | 85  | 118.0 | *N/A* | 0.0  | 30.0  | 0.01 | 0.00 | *N/A* |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz     | 1 | 112 | 0  | 11  | 2.56 | 0.98  | 10.6  | 0   | 2.04  | *N/A* | 0.95 | 29.59 | 0.2  | 0.07 | 0.00  |
| Craisins,OceanSpray,200ct      | 1 pkg       | 1 | 110 | 0  | 0   | 3.00 | 0.00  | 0.0   | 0   | 0.0   | *N/A* | 0.0  | 28.0  | 0.0  | 0.00 | 0.00  |
| Milk,Fat-Free,RockView,8oz     | 8oz carton  | 1 | 90  | 5  | 120 | 0.00 | 0.00  | 300.0 | 500 | 2.4   | *N/A* | 9.0  | 12.0  | 0.0  | 0.00 | 0.00  |
| Milk,Lowfat1%,RkView,8oz       | Carton      | 1 | 120 | 15 | 140 | 0.00 | 0.00  | 300.0 | 500 | 2.4   | *N/A* | 10.0 | 16.0  | 2.5  | 1.50 | 0.00  |
| Milk,Soy,Rckvw,24/8oz          | 8 oz        | 1 | 140 | 0  | 150 | 1.00 | 1.80  | 300.0 | 0   | 0.0   | 8     | 10.0 | 12.0  | 5.0  | 0.50 | 0.00  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 5

Generated on: 10/31/2018 2:54:26 PM

|                        | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Weighted Daily Average |              |           | 1450        | 25          | 1350      | 16.58     | *38.49    | 1435.6     | 3490       | 154.90     | *35        | 41.97     | 277.83   | 24.22     | 4.07      | *0.00                   |
| % of Calories          |              |           |             |             |           |           |           |            |            |            | *9.7%      | 11.6%     | 76.7%    | 15.0%     | 2.5%      | *0.0%                   |
| Nutrient Guideline     |              |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           |           | <10.00                  |

| Mon - 11/12/2018               |            |   |         |     |      |       |        |         |       |        |        |       |        |       |      |        |
|--------------------------------|------------|---|---------|-----|------|-------|--------|---------|-------|--------|--------|-------|--------|-------|------|--------|
| Breakfast Menu Prod. Recor     | Total      | 1 |         |     |      |       |        |         |       |        |        |       |        |       |      |        |
| Wrap,Egg&Ch,75ct,SF40275       | 1 each/3.1 | 1 | 180     | 170 | 410  | 2.00  | 0.72   | 100.0   | 300   | 0.0    | *N/A*  | 10.0  | 14.0   | 10.0  | 4.00 | 0.00   |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz       | 1 | 110     | 0   | 110  | 2.00  | 4.50   | 100.0   | 500   | 6.0    | 10     | 2.0   | 22.0   | 1.5   | 0.00 | 0.00   |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each     | 1 | 120     | 0   | 130  | 0.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 23.0   | 3.5   | 0.50 | *N/A*  |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each     | 1 | 120     | 0   | 250  | 1.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 24.0   | 3.0   | 0.00 | 0.00   |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each     | 1 | 100     | 0   | 200  | 2.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 2.0   | 23.0   | 1.0   | 0.00 | 0.00   |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each     | 1 | 1       | 0   | 3    | 0.02  | 0.11   | 1.0     | 5     | 0.06   | *N/A*  | 0.02  | 0.24   | 0.01  | 0.00 | 0.00   |
| Cereal,Trix,GM,96ct            | 1 oz       | 1 | 110     | 0   | 140  | 1.00  | 3.60   | 80.0    | 400   | 6.0    | 9      | 1.0   | 24.0   | 1.5   | 0.00 | 0.00   |
| Strawberry,Cup,USDA,96ct       | 1cup/128g  | 1 | 90      | 0   | 0    | 1.99  | *N/A*  | *N/A*   | *N/A* | *N/A*  | 18     | 1.0   | 21.93  | 0.0   | 0.00 | 0.00   |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz    | 1 | 112     | 0   | 11   | 2.56  | 0.98   | 10.6    | 0     | 2.04   | *N/A*  | 0.95  | 29.59  | 0.2   | 0.07 | 0.00   |
| Craisins,OceanSpray,200ct      | 1 pkg      | 1 | 110     | 0   | 0    | 3.00  | 0.00   | 0.0     | 0     | 0.0    | *N/A*  | 0.0   | 28.0   | 0.0   | 0.00 | 0.00   |
| Milk,Fat-Free,RockView,8oz     | 8oz carton | 1 | 90      | 5   | 120  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 9.0   | 12.0   | 0.0   | 0.00 | 0.00   |
| Milk,Lowfat1%,RkView,8oz       | Carton     | 1 | 120     | 15  | 140  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 10.0  | 16.0   | 2.5   | 1.50 | 0.00   |
| Milk,Soy,Rckvw,24/8oz          | 8 oz       | 1 | 140     | 0   | 150  | 1.00  | 1.80   | 300.0   | 0     | 0.0    | 8      | 10.0  | 12.0   | 5.0   | 0.50 | 0.00   |
| Weighted Daily Average         |            |   | 1402    | 190 | 1663 | 16.58 | *38.71 | *1491.6 | *3705 | *36.90 | *45    | 47.97 | 249.75 | 28.21 | 6.56 | *0.00  |
| % of Calories                  |            |   |         |     |      |       |        |         |       |        | *12.8% | 13.7% | 71.2%  | 18.1% | 4.2% | *0.0%  |
| Nutrient Guideline             |            |   | 400-500 |     | 540  |       |        |         |       |        |        |       |        |       |      | <10.00 |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 6

Generated on: 10/31/2018 2:54:26 PM

|                                | Portion Size   | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 11/13/2018               |                |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total          | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| FrnchTstStk,SF,130/3per,40032  | 3Sticks/2.65oz | 1         | 170         | 125         | 290       | 2.00      | 1.80      | 40.0       | 0          | 0.0        | *N/A*      | 8.0       | 25.0     | 4.0       | 1.00      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz           | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0      | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each         | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each         | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each         | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each         | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0        | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz           | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0       | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Strawberry,Cup,USDA,96ct       | 1cup/128g      | 1         | 90          | 0           | 0         | 1.99      | *N/A*     | *N/A*      | *N/A*      | *N/A*      | 18         | 1.0       | 21.93    | 0.0       | 0.00      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg          | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz        | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton     | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton         | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz           | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average         |                |           | 1392        | 145         | 1543      | 16.58     | *39.79    | *1431.6    | *3405      | *36.90     | *45        | 45.97     | 260.75   | 22.21     | 3.57      | *0.00                   |
| % of Calories                  |                |           |             |             |           |           |           |            |            |            | *12.9%     | 13.2%     | 74.9%    | 14.4%     | 2.3%      | *0.0%                   |
| Nutrient Guideline             |                |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                                |            |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
|--------------------------------|------------|---|---------|-----|------|-------|--------|---------|-------|--------|--------|-------|--------|-------|--------|-------|
| Wed - 11/14/2018               |            |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| Breakfast Menu Prod. Recor     | Total      | 1 |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| Wrap,Egg,Chorizo&Ch,75ct40262  | 1Ea/3.45 o | 1 | 180     | 190 | 420  | 2.00  | 0.72   | 80.0    | 400   | 2.4    | 1      | 10.0  | 15.0   | 9.0   | 3.50   | 0.00  |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz       | 1 | 110     | 0   | 110  | 2.00  | 4.50   | 100.0   | 500   | 6.0    | 10     | 2.0   | 22.0   | 1.5   | 0.00   | 0.00  |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each     | 1 | 120     | 0   | 130  | 0.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 23.0   | 3.5   | 0.50   | *N/A* |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each     | 1 | 120     | 0   | 250  | 1.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 24.0   | 3.0   | 0.00   | 0.00  |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each     | 1 | 100     | 0   | 200  | 2.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 2.0   | 23.0   | 1.0   | 0.00   | 0.00  |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each     | 1 | 1       | 0   | 3    | 0.02  | 0.11   | 1.0     | 5     | 0.06   | *N/A*  | 0.02  | 0.24   | 0.01  | 0.00   | 0.00  |
| Cereal,Trix,GM,96ct            | 1 oz       | 1 | 110     | 0   | 140  | 1.00  | 3.60   | 80.0    | 400   | 6.0    | 9      | 1.0   | 24.0   | 1.5   | 0.00   | 0.00  |
| Strawberry,Cup,USDA,96ct       | 1cup/128g  | 1 | 90      | 0   | 0    | 1.99  | *N/A*  | *N/A*   | *N/A* | *N/A*  | 18     | 1.0   | 21.93  | 0.0   | 0.00   | 0.00  |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz    | 1 | 112     | 0   | 11   | 2.56  | 0.98   | 10.6    | 0     | 2.04   | *N/A*  | 0.95  | 29.59  | 0.2   | 0.07   | 0.00  |
| Craisins,OceanSpray,200ct      | 1 pkg      | 1 | 110     | 0   | 0    | 3.00  | 0.00   | 0.0     | 0     | 0.0    | *N/A*  | 0.0   | 28.0   | 0.0   | 0.00   | 0.00  |
| Milk,Fat-Free,RockView,8oz     | 8oz carton | 1 | 90      | 5   | 120  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 9.0   | 12.0   | 0.0   | 0.00   | 0.00  |
| Milk,Lowfat1%,RkView,8oz       | Carton     | 1 | 120     | 15  | 140  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 10.0  | 16.0   | 2.5   | 1.50   | 0.00  |
| Milk,Soy,Rckvw,24/8oz          | 8 oz       | 1 | 140     | 0   | 150  | 1.00  | 1.80   | 300.0   | 0     | 0.0    | 8      | 10.0  | 12.0   | 5.0   | 0.50   | 0.00  |
| Weighted Daily Average         |            |   | 1402    | 210 | 1673 | 16.58 | *38.71 | *1471.6 | *3805 | *39.30 | *46    | 47.96 | 250.75 | 27.21 | 6.07   | *0.00 |
| % of Calories                  |            |   |         |     |      |       |        |         |       |        | *13.1% | 13.7% | 71.5%  | 17.5% | 3.9%   | *0.0% |
| Nutrient Guideline             |            |   | 400-500 |     | 540  |       |        |         |       |        |        |       |        |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 7

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|                                 | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Thu - 11/15/2018</b>         |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor      | Total        | 1         |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Bar,BenFitOatChoChip,48ct#40401 | 1Each/2.5 OZ | 1         | 290         | 20          | 240       | 3.00      | 1.80      | 20.0       | 0          | 0.0        | 22         | 5.0       | 47.0     | 9.0       | 3.00      | 0.00                    |
| Bar,BnFit,AplBryChp,48ct#40405  | 1Each/2.5 OZ | 1         | 6           | 0           | 4         | 0.06      | 0.03      | 0.0        | 0          | 0.0        | 0          | 0.1       | 1.0      | 0.19      | 0.06      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct   | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0      | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct    | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct     | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct  | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0      | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct     | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0        | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct             | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0       | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Peach,Cup,Fzn,USDA,96ct         | 4.4 oz cups  | 1         | 117         | 0           | 7         | 2.00      | 0.50      | 4.0        | 85         | 118.0      | *N/A*      | 0.0       | 30.0     | 0.01      | 0.00      | *N/A*                   |
| Raisin,Pkt/Box,Ind,144ct        | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6       | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins,OceanSpray,200ct       | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0        | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Fat-Free,RockView,8oz      | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz        | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz           | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0      | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Juice,Orange,12ctns,384/8ozsv,  | 8 oz         | 1         | 56          | 0           | 2         | 0.20      | 0.12      | 12.0       | 134        | 48.4       | 10         | 0.84      | 13.42    | 0.08      | 0.00      | 0.00                    |
| Weighted Daily Average          |              |           | 1602        | 40          | 1506      | 17.85     | 40.44     | 1427.6     | 3624       | 203.30     | *60        | 42.91     | 305.25   | 27.49     | 5.63      | *0.00                   |
| % of Calories                   |              |           |             |             |           |           |           |            |            |            | *15.0%     | 10.7%     | 76.2%    | 15.4%     | 3.2%      | *0.0%                   |
| Nutrient Guideline              |              |           | 400-500     |             | 540       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

## Base Menu Spreadsheet

Breakfast Menu Prod. Record

### Portion Values - Detailed

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 11/16/2018               |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total        | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Bread,PanDulce,Varty 84ct#1450 | 1ea/64g      | 1         | 200         | 5           | 90        | 2.00      | *N/A*     | 40.0      | 0          | 0.0        | 8          | 5.0       | 34.0     | 6.0       | 1.50      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0     | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0       | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0      | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Peach,Cup,Fzn,USDA,96ct        | 4.4 oz cups  | 1         | 117         | 0           | 7         | 2.00      | 0.50      | 4.0       | 85         | 118.0      | *N/A*      | 0.0       | 30.0     | 0.01      | 0.00      | *N/A*                   |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6      | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0       | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0     | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average         |              |           | 1450        | 25          | 1350      | 16.58     | *38.49    | 1435.6    | 3490       | 154.90     | *35        | 41.97     | 277.83   | 24.22     | 4.07      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |           |            |            | *9.7%      | 11.6%     | 76.7%    | 15.0%     | 2.5%      | *0.0%                   |
| Nutrient Guideline             |              |           | 400-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |                         |

|                                |            |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
|--------------------------------|------------|---|---------|-----|------|-------|--------|---------|-------|--------|--------|-------|--------|-------|--------|-------|
| Mon - 11/26/2018               |            |   |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| Breakfast Menu Prod. Recor     | Total      | 1 |         |     |      |       |        |         |       |        |        |       |        |       |        |       |
| Wrap,Egg&Ch,75ct,SF40275       | 1 each/3.1 | 1 | 180     | 170 | 410  | 2.00  | 0.72   | 100.0   | 300   | 0.0    | *N/A*  | 10.0  | 14.0   | 10.0  | 4.00   | 0.00  |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz       | 1 | 110     | 0   | 110  | 2.00  | 4.50   | 100.0   | 500   | 6.0    | 10     | 2.0   | 22.0   | 1.5   | 0.00   | 0.00  |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each     | 1 | 120     | 0   | 130  | 0.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 23.0   | 3.5   | 0.50   | *N/A* |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each     | 1 | 120     | 0   | 250  | 1.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 1.0   | 24.0   | 3.0   | 0.00   | 0.00  |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each     | 1 | 100     | 0   | 200  | 2.00  | 9.00   | 100.0   | 500   | 6.0    | *N/A*  | 2.0   | 23.0   | 1.0   | 0.00   | 0.00  |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each     | 1 | 1       | 0   | 3    | 0.02  | 0.11   | 1.0     | 5     | 0.06   | *N/A*  | 0.02  | 0.24   | 0.01  | 0.00   | 0.00  |
| Cereal,Trix,GM,96ct            | 1 oz       | 1 | 110     | 0   | 140  | 1.00  | 3.60   | 80.0    | 400   | 6.0    | 9      | 1.0   | 24.0   | 1.5   | 0.00   | 0.00  |
| Strawberry,Cup,USDA,96ct       | 1cup/128g  | 1 | 90      | 0   | 0    | 1.99  | *N/A*  | *N/A*   | *N/A* | *N/A*  | 18     | 1.0   | 21.93  | 0.0   | 0.00   | 0.00  |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz    | 1 | 112     | 0   | 11   | 2.56  | 0.98   | 10.6    | 0     | 2.04   | *N/A*  | 0.95  | 29.59  | 0.2   | 0.07   | 0.00  |
| Craisins,OceanSpray,200ct      | 1 pkg      | 1 | 110     | 0   | 0    | 3.00  | 0.00   | 0.0     | 0     | 0.0    | *N/A*  | 0.0   | 28.0   | 0.0   | 0.00   | 0.00  |
| Milk,Fat-Free,RockView,8oz     | 8oz carton | 1 | 90      | 5   | 120  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 9.0   | 12.0   | 0.0   | 0.00   | 0.00  |
| Milk,Lowfat1%,RkView,8oz       | Carton     | 1 | 120     | 15  | 140  | 0.00  | 0.00   | 300.0   | 500   | 2.4    | *N/A*  | 10.0  | 16.0   | 2.5   | 1.50   | 0.00  |
| Milk,Soy,Rckvw,24/8oz          | 8 oz       | 1 | 140     | 0   | 150  | 1.00  | 1.80   | 300.0   | 0     | 0.0    | 8      | 10.0  | 12.0   | 5.0   | 0.50   | 0.00  |
| Weighted Daily Average         |            |   | 1402    | 190 | 1663 | 16.58 | *38.71 | *1491.6 | *3705 | *36.90 | *45    | 47.97 | 249.75 | 28.21 | 6.56   | *0.00 |
| % of Calories                  |            |   |         |     |      |       |        |         |       |        | *12.8% | 13.7% | 71.2%  | 18.1% | 4.2%   | *0.0% |
| Nutrient Guideline             |            |   | 400-500 |     | 540  |       |        |         |       |        |        |       |        |       | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Victor Elementary School District**

**Nov 1, 2018 thru Nov 30, 2018**

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

|                                | Portion Size   | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|----------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Tue - 11/27/2018</b>        |                |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total          | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| FrnchTstStk,SF,130/3per,40032  | 3Sticks/2.65oz | 1         | 170         | 125         | 290       | 2.00      | 1.80      | 40.0      | 0          | 0.0        | *N/A*      | 8.0       | 25.0     | 4.0       | 1.00      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz           | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0     | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each         | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each         | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each         | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each         | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0       | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz           | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0      | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Strawberry,Cup,USDA,96ct       | 1cup/128g      | 1         | 90          | 0           | 0         | 1.99      | *N/A*     | *N/A*     | *N/A*      | *N/A*      | 18         | 1.0       | 21.93    | 0.0       | 0.00      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg          | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0       | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz        | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6      | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton     | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton         | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz           | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0     | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average         |                |           | 1392        | 145         | 1543      | 16.58     | *39.79    | *1431.6   | *3405      | *36.90     | *45        | 45.97     | 260.75   | 22.21     | 3.57      | *0.00                   |
| % of Calories                  |                |           |             |             |           |           |           |           |            |            | *12.9%     | 13.2%     | 74.9%    | 14.4%     | 2.3%      | *0.0%                   |
| Nutrient Guideline             |                |           | 400-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |                         |

|                                |            |   |     |     |     |      |       |       |       |       |       |      |       |      |      |       |
|--------------------------------|------------|---|-----|-----|-----|------|-------|-------|-------|-------|-------|------|-------|------|------|-------|
| <b>Wed - 11/28/2018</b>        |            |   |     |     |     |      |       |       |       |       |       |      |       |      |      |       |
| Breakfast Menu Prod. Recor     | Total      | 1 |     |     |     |      |       |       |       |       |       |      |       |      |      |       |
| Wrap,Egg,Chorizo&Ch,75ct40262  | 1Ea/3.45 o | 1 | 180 | 190 | 420 | 2.00 | 0.72  | 80.0  | 400   | 2.4   | 1     | 10.0 | 15.0  | 9.0  | 3.50 | 0.00  |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz       | 1 | 110 | 0   | 110 | 2.00 | 4.50  | 100.0 | 500   | 6.0   | 10    | 2.0  | 22.0  | 1.5  | 0.00 | 0.00  |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each     | 1 | 120 | 0   | 130 | 0.00 | 9.00  | 100.0 | 500   | 6.0   | *N/A* | 1.0  | 23.0  | 3.5  | 0.50 | *N/A* |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each     | 1 | 120 | 0   | 250 | 1.00 | 9.00  | 100.0 | 500   | 6.0   | *N/A* | 1.0  | 24.0  | 3.0  | 0.00 | 0.00  |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each     | 1 | 100 | 0   | 200 | 2.00 | 9.00  | 100.0 | 500   | 6.0   | *N/A* | 2.0  | 23.0  | 1.0  | 0.00 | 0.00  |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each     | 1 | 1   | 0   | 3   | 0.02 | 0.11  | 1.0   | 5     | 0.06  | *N/A* | 0.02 | 0.24  | 0.01 | 0.00 | 0.00  |
| Cereal,Trix,GM,96ct            | 1 oz       | 1 | 110 | 0   | 140 | 1.00 | 3.60  | 80.0  | 400   | 6.0   | 9     | 1.0  | 24.0  | 1.5  | 0.00 | 0.00  |
| Strawberry,Cup,USDA,96ct       | 1cup/128g  | 1 | 90  | 0   | 0   | 1.99 | *N/A* | *N/A* | *N/A* | *N/A* | 18    | 1.0  | 21.93 | 0.0  | 0.00 | 0.00  |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz    | 1 | 112 | 0   | 11  | 2.56 | 0.98  | 10.6  | 0     | 2.04  | *N/A* | 0.95 | 29.59 | 0.2  | 0.07 | 0.00  |
| Craisins,OceanSpray,200ct      | 1 pkg      | 1 | 110 | 0   | 0   | 3.00 | 0.00  | 0.0   | 0     | 0.0   | *N/A* | 0.0  | 28.0  | 0.0  | 0.00 | 0.00  |
| Milk,Fat-Free,RockView,8oz     | 8oz carton | 1 | 90  | 5   | 120 | 0.00 | 0.00  | 300.0 | 500   | 2.4   | *N/A* | 9.0  | 12.0  | 0.0  | 0.00 | 0.00  |
| Milk,Lowfat1%,RkView,8oz       | Carton     | 1 | 120 | 15  | 140 | 0.00 | 0.00  | 300.0 | 500   | 2.4   | *N/A* | 10.0 | 16.0  | 2.5  | 1.50 | 0.00  |
| Milk,Soy,Rckvw,24/8oz          | 8 oz       | 1 | 140 | 0   | 150 | 1.00 | 1.80  | 300.0 | 0     | 0.0   | 8     | 10.0 | 12.0  | 5.0  | 0.50 | 0.00  |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Victor Elementary School District**

**Nov 1, 2018 thru Nov 30, 2018**

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 10

Generated on: 10/31/2018 2:54:26 PM

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)    | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|---------------|----------------|-----------------|----------------|--------------|-------------------------|
| Weighted Daily Average<br>% of Calories |              |           | 1402        | 210         | 1673      | 16.58     | *38.71    | *1471.6    | *3805      | *39.30     | *46<br>*13.1% | 47.96<br>13.7% | 250.75<br>71.5% | 27.21<br>17.5% | 6.07<br>3.9% | *0.00<br>*0.0%          |
| Nutrient Guideline                      |              |           | 400-500     |             | 540       |           |           |            |            |            |               |                |                 |                | <10.00       |                         |

| Thu - 11/29/2018                        |              |   |         |    |      |       |       |        |      |        |               |                |                 |                |              |                |
|---|--------------|---|---------|----|------|-------|-------|--------|------|--------|---------------|----------------|-----------------|----------------|--------------|----------------|
| Breakfast Menu Prod. Recor              | Total        | 1 |         |    |      |       |       |        |      |        |               |                |                 |                |              |                |
| Bar,BenFtOatChoChip,48ct#40401          | 1Each/2.5 OZ | 1 | 290     | 20 | 240  | 3.00  | 1.80  | 20.0   | 0    | 0.0    | 22            | 5.0            | 47.0            | 9.0            | 3.00         | 0.00           |
| Bar,BnFit,AplBryChp,48ct#40405          | 1Each/2.5 OZ | 1 | 6       | 0  | 4    | 0.06  | 0.03  | 0.0    | 0    | 0.0    | 0             | 0.1            | 1.0             | 0.19           | 0.06         | 0.00           |
| Cereal,AplCinCheerios,GM,96ct           | 1 oz         | 1 | 110     | 0  | 110  | 2.00  | 4.50  | 100.0  | 500  | 6.0    | 10            | 2.0            | 22.0            | 1.5            | 0.00         | 0.00           |
| Cereal,Cinn,Toasters,WG 96ct            | 1 each       | 1 | 120     | 0  | 130  | 0.00  | 9.00  | 100.0  | 500  | 6.0    | *N/A*         | 1.0            | 23.0            | 3.5            | 0.50         | *N/A*          |
| Cereal,HnyGrhms,MltoMl,96ct             | 1 each       | 1 | 120     | 0  | 250  | 1.00  | 9.00  | 100.0  | 500  | 6.0    | *N/A*         | 1.0            | 24.0            | 3.0            | 0.00         | 0.00           |
| Cereal,HnynutScoo,WGMalto,96ct          | 1 each       | 1 | 100     | 0  | 200  | 2.00  | 9.00  | 100.0  | 500  | 6.0    | *N/A*         | 2.0            | 23.0            | 1.0            | 0.00         | 0.00           |
| Cereal,Marsh.Mateys,WG,96ct             | 1 each       | 1 | 1       | 0  | 3    | 0.02  | 0.11  | 1.0    | 5    | 0.06   | *N/A*         | 0.02           | 0.24            | 0.01           | 0.00         | 0.00           |
| Cereal,Trix,GM,96ct                     | 1 oz         | 1 | 110     | 0  | 140  | 1.00  | 3.60  | 80.0   | 400  | 6.0    | 9             | 1.0            | 24.0            | 1.5            | 0.00         | 0.00           |
| Peach,Cup,Fzn,USDA,96ct                 | 4.4 oz cups  | 1 | 117     | 0  | 7    | 2.00  | 0.50  | 4.0    | 85   | 118.0  | *N/A*         | 0.0            | 30.0            | 0.01           | 0.00         | *N/A*          |
| Raisin,Pkt/Box,Ind,144ct                | 1.33 oz      | 1 | 112     | 0  | 11   | 2.56  | 0.98  | 10.6   | 0    | 2.04   | *N/A*         | 0.95           | 29.59           | 0.2            | 0.07         | 0.00           |
| Craisins,OceanSpray,200ct               | 1 pkg        | 1 | 110     | 0  | 0    | 3.00  | 0.00  | 0.0    | 0    | 0.0    | *N/A*         | 0.0            | 28.0            | 0.0            | 0.00         | 0.00           |
| Milk,Fat-Free,RockView,8oz              | 8oz carton   | 1 | 90      | 5  | 120  | 0.00  | 0.00  | 300.0  | 500  | 2.4    | *N/A*         | 9.0            | 12.0            | 0.0            | 0.00         | 0.00           |
| Milk,Lowfat1%,RkView,8oz                | Carton       | 1 | 120     | 15 | 140  | 0.00  | 0.00  | 300.0  | 500  | 2.4    | *N/A*         | 10.0           | 16.0            | 2.5            | 1.50         | 0.00           |
| Milk,Soy,Rckvw,24/8oz                   | 8 oz         | 1 | 140     | 0  | 150  | 1.00  | 1.80  | 300.0  | 0    | 0.0    | 8             | 10.0           | 12.0            | 5.0            | 0.50         | 0.00           |
| Juice,Orange,12ctns,384/8ozsv,          | 8 oz         | 1 | 56      | 0  | 2    | 0.20  | 0.12  | 12.0   | 134  | 48.4   | 10            | 0.84           | 13.42           | 0.08           | 0.00         | 0.00           |
| Weighted Daily Average<br>% of Calories |              |   | 1602    | 40 | 1506 | 17.85 | 40.44 | 1427.6 | 3624 | 203.30 | *60<br>*15.0% | 42.91<br>10.7% | 305.25<br>76.2% | 27.49<br>15.4% | 5.63<br>3.2% | *0.00<br>*0.0% |
| Nutrient Guideline                      |              |   | 400-500 |    | 540  |       |       |        |      |        |               |                |                 |                | <10.00       |                |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Victor Elementary School District

Nov 1, 2018 thru Nov 30, 2018

Base Menu Spreadsheet

Breakfast Menu Prod. Record

Portion Values - Detailed

Page 11

Generated on: 10/31/2018 2:54:26 PM

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 11/30/2018               |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Breakfast Menu Prod. Recor     | Total        | 1         |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Bread,PanDulce,Varty 84ct#1450 | 1ea/64g      | 1         | 200         | 5           | 90        | 2.00      | *N/A*     | 40.0      | 0          | 0.0        | 8          | 5.0       | 34.0     | 6.0       | 1.50      | 0.00                    |
| Cereal,AplCinCheerios,GM,96ct  | 1 oz         | 1         | 110         | 0           | 110       | 2.00      | 4.50      | 100.0     | 500        | 6.0        | 10         | 2.0       | 22.0     | 1.5       | 0.00      | 0.00                    |
| Cereal,Cinn,Toasters,WG 96ct   | 1 each       | 1         | 120         | 0           | 130       | 0.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 23.0     | 3.5       | 0.50      | *N/A*                   |
| Cereal,HnyGrhms,MltoMl,96ct    | 1 each       | 1         | 120         | 0           | 250       | 1.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 1.0       | 24.0     | 3.0       | 0.00      | 0.00                    |
| Cereal,HnynutScoo,WGMalto,96ct | 1 each       | 1         | 100         | 0           | 200       | 2.00      | 9.00      | 100.0     | 500        | 6.0        | *N/A*      | 2.0       | 23.0     | 1.0       | 0.00      | 0.00                    |
| Cereal,Marsh.Mateys,WG,96ct    | 1 each       | 1         | 1           | 0           | 3         | 0.02      | 0.11      | 1.0       | 5          | 0.06       | *N/A*      | 0.02      | 0.24     | 0.01      | 0.00      | 0.00                    |
| Cereal,Trix,GM,96ct            | 1 oz         | 1         | 110         | 0           | 140       | 1.00      | 3.60      | 80.0      | 400        | 6.0        | 9          | 1.0       | 24.0     | 1.5       | 0.00      | 0.00                    |
| Peach,Cup,Fzn,USDA,96ct        | 4.4 oz cups  | 1         | 117         | 0           | 7         | 2.00      | 0.50      | 4.0       | 85         | 118.0      | *N/A*      | 0.0       | 30.0     | 0.01      | 0.00      | *N/A*                   |
| Raisin,Pkt/Box,Ind,144ct       | 1.33 oz      | 1         | 112         | 0           | 11        | 2.56      | 0.98      | 10.6      | 0          | 2.04       | *N/A*      | 0.95      | 29.59    | 0.2       | 0.07      | 0.00                    |
| Craisins,OceanSpray,200ct      | 1 pkg        | 1         | 110         | 0           | 0         | 3.00      | 0.00      | 0.0       | 0          | 0.0        | *N/A*      | 0.0       | 28.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Fat-Free,RockView,8oz     | 8oz carton   | 1         | 90          | 5           | 120       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| Milk,Lowfat1%,RkView,8oz       | Carton       | 1         | 120         | 15          | 140       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 10.0      | 16.0     | 2.5       | 1.50      | 0.00                    |
| Milk,Soy,Rckvw,24/8oz          | 8 oz         | 1         | 140         | 0           | 150       | 1.00      | 1.80      | 300.0     | 0          | 0.0        | 8          | 10.0      | 12.0     | 5.0       | 0.50      | 0.00                    |
| Weighted Daily Average         |              |           | 1450        | 25          | 1350      | 16.58     | *38.49    | 1435.6    | 3490       | 154.90     | *35        | 41.97     | 277.83   | 24.22     | 4.07      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |           |            |            | *9.7%      | 11.6%     | 76.7%    | 15.0%     | 2.5%      | *0.0%                   |
| Nutrient Guideline             |              |           | 400-500     |             | 540       |           |           |           |            |            |            |           |          |           | <10.00    |                         |

|                  |  |  |      |     |      |       |        |         |       |        |        |       |        |       |      |       |
|------------------|--|--|------|-----|------|-------|--------|---------|-------|--------|--------|-------|--------|-------|------|-------|
| Weighted Average |  |  | 1381 | 112 | 1450 | 15.92 | *35.16 | *1399.6 | *3326 | *84.21 | *44    | 44.60 | 254.69 | 24.56 | 5.05 | *0.00 |
|                  |  |  |      |     |      |       |        |         |       |        | *28.4% | 12.9% | 73.8%  | 16.0% | 3.3% | *0.0% |

| Nutrient                   | Menu AVG | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage | Error Messages (if any)                 |
|----------------------------|----------|-----------|---------------|-------------|-----------|-----------|---------|---|
| Calories                   | 1381     |           | 400 - 500     | 276%        |           |           | 881     | Correction Required - Calories too High |
| Cholesterol (mg)           | 112      |           | 540           |             |           |           |         |   |
| Sodium (mg)                | 1450     |           |               |             |           |           | 910     | Correction Required - Sodium too High   |
| Fiber (g)                  | 15.92    |           |               |             |           |           |         |   |
| Iron (mg)                  | 35.16    |           |               |             | Missing   |           |         |   |
| Calcium (mg)               | 1399.6   |           |               |             | Missing   |           |         |   |
| Vitamin A (IU)             | 3326     |           |               |             | Missing   |           |         |   |
| Sugars (g)                 | 44       | 12.63%    |               |             | Missing   |           |         |   |
| Vitamin C (mg)             | 84.21    |           |               |             | Missing   |           |         |   |
| Protein (g)                | 44.60    | 12.92%    |               |             |           |           |         |   |
| Carbohydrate (g)           | 254.69   | 73.79%    |               |             |           |           |         |   |
| Total Fat (g)              | 24.56    | 16.01%    |               |             |           |           |         |   |
| Saturated Fat (g)          | 5.05     | 3.29%     | <10.00%       |             |           |           |         |   |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%     |               |             | Missing   |           |         |   |

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