



Student Lunch \$2.00  
 Student Milk .30  
 Reduced Stu. Lunch .40  
 Adult Lunch \$3.00

Student Breakfast \$1.25  
 Reduced Stu. Bkfst. .25  
 Adult Breakfast \$2.25



Make online lunch payments at [myschoolbucks.com](http://myschoolbucks.com)  
 \*\*1-855-832-5226\*\*

Our Free/Reduced Meal Applications are online @ <https://mealapps.vesd.net>

Check out our Nutrition Service Website for information and important links at: [http://www.vesd.net/departments/administrative\\_services/nutrition\\_service](http://www.vesd.net/departments/administrative_services/nutrition_service)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Breakfast</b></p>	<p><i>Salad Bar items include: Romaine Lettuce, Tomatoes, Broccoli, Cauliflower, Celery, Cucumbers, Spinach, Carrots and Garbanzo Beans</i></p>		<p><b>READ</b></p>	<p>Mini Cheeseburger 1                  String Cheese                  Vegetable Medley                  Condiments                  Mango Icee                  Garden Salad Bar</p> <p style="text-align: right;"><i>Minimum Day</i></p>
Turkey Chili 4 Corn Bead Green Beans Craisins Garden Salad Bar	Corn Dog 5 Peas Condiments Sliced Peach Cup Garden Salad Bar 	BBQ Chicken 6 Strips Smiley Potato Fries Tropical Fruit Cup Chocolate Bear Graham Garden Salad Bar	Beef Taco 7 Tortilla Chips Spanish Corn Salsa Fresh Pear Garden Salad Bar	Bean and Cheese Burrito 8 Salsa Vegetable Medley Cherry Football Icee Garden Salad Bar
Pork Rib-B-Que 11 Rice Pilaf Steamed Green Beans BBQ Sauce Raisins Garden Fresh Salad	Hot Dog 12 Whole Wheat Bun Corn Condiments Pineapple Cup Garden Salad Bar	Cheese Pizza 13 Pasta Salad Mixed Fruit Cup Garden Salad Bar	Chicken and Gravy 14 Mashed Potatoes Peas Cranberry Sauce Dinner Roll Fresh Orange Garden Salad Bar	Grilled Cheese 15 Vegetable Medley Gingerbread Man Cookie Craisins Garden Salad Bar
Chicken Taquitos 18 Refried Beans Salsa Dried Tropical Fruit Garden Salad Bar	Char Broiled 19 Hamburger Whole Wheat Bun Tator Tots Ketchup Mandarin Orange Cup Garden Salad Bar	Macaroni and Cheese 20 Turkey Ham Peas and Carrots Cinnamon Applesauce Garden Salad Bar	Winter Wonderland 21 Chicken Nuggets Goldfish Pretzel Vegetable Medley Sno-Joe Icee Garden Salad Bar	<p style="text-align: center;"><b>Winter Break</b></p>
<p style="text-align: right;">25</p> <p style="text-align: center;"><i>Merry Christmas</i></p>	<p style="text-align: right;">26</p>	<p style="text-align: right;">27</p> <p style="text-align: center;">SnowBall Fight!</p>	<p style="text-align: right;">28</p>	<p style="text-align: right;">29</p>

**BREAKFAST**



**Monday**  
 Mini Pancakes  
 Fruit & Milk  
 \*Oatmeal Optional

**Tuesday**  
 Apple or Cherry  
 Fruit Pocket  
 String Cheese  
 Fruit & Milk  
 \*Oatmeal Optional

**Wednesday**  
 Cereal & Beef or Pork Sausage Patty  
 Fruit & Milk

OR

Yogurt & Vanilla Grahams  
 Fruit & Milk  
 \*Oatmeal Optional

**Thursday**  
 Egg & Cheese Biscuit Sandwich  
 Fruit & Milk  
 \*Oatmeal Optional

**Friday**  
 Whole Grain Pancake Sausage On a Stick  
 Fruit & Milk  
 \*Oatmeal Optional

Now offering Breakfast at all school sites!



\*Menu items subject to change without prior notice\*\* In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability. \*\* Milk Variety: 1% white milk or Non-fat Chocolate milk \*\*\*Menu Nutritional Information Available Online @ [www.vesd.net](http://www.vesd.net) \*\*\*