



Student Lunch \$2.00
 Student Milk .30
 Reduced Stu. Lunch .40
 Adult Lunch \$3.00

Student Breakfast \$1.25
 Reduced Stu. Bkfst. .25
 Adult Breakfast \$2.25



Make online lunch payments at myschoolbucks.com
 1-855-832-5226

Our Free/Reduced Meal Applications are online @ <https://mealapps.vesd.net>

Check out our Nutrition Service Website for information and important links at: http://www.vesd.net/departments/administrative_services/nutrition_services

Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dog 2 Steamed Carrots <i>Craisins</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>	Chicken Patty on a 3 Whole Wheat Bun Green Beans <i>Peach Cup</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>	Macaroni & Cheese 4 Peas and Carrots <i>Pear Cup</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>	Totally Taco 5 Quesadilla Spanish Corn <i>Fresh Banana</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>	Mini Cheeseburger 6 String Cheese Vegetable Medley <i>Cherry Football Icee</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>
9 <i>Non Student Day</i> 	Homemade Bean 10 & Cheese Burrito Simmered Corn Salsa <i>Dried Fruit</i> <i>Garden Salad Bar</i>	Hawaiian Pork 11 Aloha Roll Green Beans <i>Pineapple Cup</i> <i>Garden Salad Bar</i>	Mandarin Chicken 12 Steamed Rice Simmered Peas <i>Fresh Orange</i> <i>Garden Salad Bar</i>	Grilled Cheese 13 Sandwich Vegetable Medley <i>Mixed Fruit Cup</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>
Beef Dunkers 16 Fried Rice Simmered Carrots <i>Applesauce Cake</i> <i>Garden Fresh Salad</i>	Egg Burrito on 17 Whole Wheat Tortilla Tator Tots Salsa <i>Mandarin Cup</i> <i>Garden Salad Bar</i>	Hot Dog on a 18 Whole Wheat Bun Baby Carrots <i>Sliced Pear Cup</i> <i>Garden Salad Bar</i>	BBQ Chicken 19 Dinner Roll Macaroni Salad <i>Fresh Green Apple</i> <i>Garden Salad Bar</i>	Chicken Nuggets 20 Potato Wedges Vegetable Medley <i>Gold Fish Pretzels</i> <i>Basketball Mango Icee</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>
Pork Rib-B-Que 23 Rice Pilaf Mixed Vegetables <i>Raisins</i> <i>Garden Salad Bar</i>	Turkey Taco 24 Nachos on Tortilla Chips Simmered Corn Cheese Cup Salsa <i>Tropical Fruit Cup</i> <i>Garden Salad Bar</i>	Bella Rosa 25 Cheese Pizza Pasta Salad <i>Craisins</i> <i>Garden Salad Bar</i>	Chicken and Gravy 26 Mashed Potatoes Green Beans Garlic Bread Stick <i>Fresh Orange</i> <i>Garden Salad Bar</i>	Hamburger on a 27 Whole Wheat Bun Curly Fries Vegetable Medley <i>Apricot Cup</i> <i>Garden Salad Bar</i> <i>Minimum Day</i>
Turkey Chili 30 Steamed Corn Corn Bread <i>Dried Tropical Fruit</i> <i>Pumpkin Holiday Cookie</i> <i>Garden Salad Bar</i> 	Bat Shaped 31 Chicken Nuggets Smiley Fries Orange Glazed Carrots <i>Orange Bat Icee</i> <i>Garden Salad Bar</i> 			Salad Bar items include: <i>Romaine Lettuce, Tomatoes, Broccoli, Cauliflower, Celery, Spinach, Carrots and Kidney Beans</i>

BREAKFAST



Monday
 Mini Pancakes
 Fruit & Milk
 *Oatmeal Optional

Tuesday
 Apple or Cherry
 Fruit Pocket
 String Cheese
 Fruit & Milk
 *Oatmeal Optional

Wednesday
 Cereal & Beef or
 Pork Sausage Patty
 Fruit & Milk

OR
 Yogurt &
 Vanilla Grahams
 Fruit & Milk
 *Oatmeal Optional

Thursday
 Egg & Cheese
 Biscuit Sandwich
 Fruit & Milk
 *Oatmeal Optional

Friday
 Whole Grain
 Pancake Sausage
 On a Stick
 Fruit & Milk
 *Oatmeal Optional

Now offering Breakfast at all school sites!



Menu items subject to change without prior notice* In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability. ** Milk Variety: 1% white milk or Non-fat Chocolate milk *****Menu Nutritional Information Available Online @ www.VESD.Net*****