



Student Lunch \$2.00  
 Student Milk .30  
 Reduced Stu. Lunch .40  
 Adult Lunch \$3.00

Student Breakfast \$1.25  
 Reduced Stu. Bkfst. .25  
 Adult Breakfast \$2.25



Make online lunch payments at [myschoolbucks.com](http://myschoolbucks.com)  
 \*\*1-855-832-5226\*\*

Our Free/Reduced Meal Applications are online @ <https://mealapps.vesd.net>

Check out our Nutrition Service Website for information and important links at: [http://www.vesd.net/departments/administrative\\_services/nutrition\\_services](http://www.vesd.net/departments/administrative_services/nutrition_services)

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>WHAT'S FOR LUNCH?</b> 	<b>Salad Bar items include: Romaine Lettuce, Tomatoes, Broccoli, Cauliflower, Celery, Cucumbers, Spinach, Carrots and Garbanzo Beans</b>		Yang's Mandarin Chicken Steamed Rice Sweet Peas Fresh Orange Garden Salad Bar	ABC Chicken Nuggets Vegetable Medley Apple Sauce Cup Lemon Dinosaur Cookies Garden Salad Bar  <i>Minimum Day</i>
Golden Corn Dog Baked Beans Watermelon Shock Raisels Garden Salad Bar 	Chicken Fajitas on Wheat Tortilla Fiesta Corn Salsa Diced Peach Cup Garden Salad Bar	Tuna Salad Tostitos Scoops Three Bean Salad Mixed Fruit Cup Garden Salad Bar	BBQ Pulled Pork w/BBQ Sauce Hoagie Roll Steamed Peas Fresh Apple Garden Salad Bar	Lime Fish Sticks Vegetable Medley Apricot Cup Cooks Choice Cookie Garden Salad Bar <i>Minimum Day</i>
Beef Teriyaki Dunkers Steamed Rice Simmered Peas Sweet Potato Cake Garden Salad Bar	Egg Burrito on Wheat Tortilla Cheese Cup Potato Wedges Salsa Diced Peach Cup Garden Salad Bar 	Turkey Hot Dog On a Wheat Bun Macaroni Salad Spiced Apples Garden Salad Bar 	Beef Taco On-A-Bun Fiesta Corn Salsa Fresh Banana Garden Salad Bar	Star Chicken Nuggets Vegetable Medley Luck-O-The-Irish Icee Shamrock Cookie Garden Salad Bar  <i>Minimum Day</i>
Toasty Cheese Sandwich Simmered Sweet Peas Cupped Applesauce Garden Salad Bar <i>Minimum Day</i>	Bagel Chicken Dog Curly Fries Steamed Corn Mandarin Orange Cup Garden Salad Bar <i>Minimum Day</i>	Bella Rosa Cheese Pizza Pasta Salad Raisins Garden Salad Bar  <i>Minimum Day</i>	Chicken & Gravy Mashed Potatoes Green Beans Bread Slice Craisins Garden Salad Bar <i>Minimum Day</i>	Mini Cheeseburger String Cheese Vegetable Medley Frozen Fruit Icee Garden Salad Bar  <i>Minimum Day</i>
Read! Read! Read! Read! A good book!				THE MORE THAT YOU READ, THE MORE THINGS YOU'LL KNOW. THE MORE YOU LEARN, THE MORE PLACES YOU'LL GO! DR. SEUSS

**BREAKFAST**



**Monday**  
 Mini Pancakes  
 Fruit & Milk  
 \*Oatmeal Optional

**Tuesday**  
 Apple or Cherry Fruit Pocket  
 String Cheese  
 Fruit & Milk  
 \*Oatmeal Optional

**Wednesday**  
 Cereal & Beef or Pork Sausage Patty  
 Fruit & Milk  
**OR**  
 Yogurt & Vanilla Grahams  
 Fruit & Milk  
 \*Oatmeal Optional

**Thursday**  
 Egg & Cheese Biscuit Sandwich  
 Fruit & Milk  
 \*Oatmeal Optional

**Friday**  
 Whole Grain Pancake  
 Sausage  
 On a Stick  
 Fruit & Milk  
 \*Oatmeal Optional

Now offering breakfast at all school sites!



\*Menu items subject to change without prior notice\*\* In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability. \*\* Milk Variety: 1% white milk or Non-fat Chocolate milk \*\*\*Menu Nutritional Information Available Online @ [www.VESD.Net](http://www.VESD.Net) \*\*\*