



Student Breakfast NO COST
Adult Breakfast \$2.30

Student Lunch NO COST
Extra Student Milk .30
Adult Lunch \$3.85

Check out our Nutrition Service Website for information and important links at:
http://www.vesd.net/departments/administrative_services/nutrition_services

Fresh Salad Bar Served Daily



Salad Bar Served Daily
We serve only Whole Wheat Bread and Tortillas

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>Piglet: "How do you spell love?" Pooh: You don't spell it. You feel it."</p>
<p>3</p> <p>Cheesy Potato Wedges Chili Beans <i>Fresh Green Apple</i></p>	<p>4</p> <p>Diced Chicken Taco Jicama Sticks <i>Fresh Kiwi</i></p>	<p>5</p> <p>Meatball Sandwich Steamed Green Beans <i>Fresh Orange</i></p>	<p>6</p> <p>Mini Pepperoni Pizza Celery and Carrot Sticks <i>Fresh Pear</i></p>	<p>7</p> <p>Corn Dog Vegetable Medley <i>Assorted Fruit</i></p>
<p>10</p> <p>Orange Chicken Steamed Rice Glazed Carrots <i>Fresh Green Apple</i></p>	<p>11</p> <p>Turkey Hot Dog Black Bean Salad <i>Fresh Kiwi</i></p>	<p>12</p> <p>Spaghetti with Meat Sauce Bread Stick Green Beans <i>Fresh Orange</i></p>	<p>13</p> <p>Heart Shaped Chicken Nuggets Steamed Peas Heart Cookie <i>Valentine's Icee</i></p>	<p>14</p> <p>President's Day No School</p>
<p>17</p> <p>Presidents's DAY <i>No School</i></p>	<p>18</p> <p>Shredded BBQ Turkey Sandwich Corn Niblets President's Cookie <i>Fresh Kiwi</i></p>	<p>19</p> <p>Hamburger Krinkle Fries <i>Fresh Orange</i></p>	<p>20</p> <p>Mini Pepperoni Pizza Carrot Salad <i>Fresh Pear</i></p>	<p>21</p> <p>Pancake on a Stick Vegetable Medley <i>Assorted Fruit</i></p>
<p>24</p> <p>Beef Dunkers Rice Pilaf Power Peas <i>Fresh Green Apple</i></p>	<p>25</p> <p>Homemade Bean and Cheese Burrito Fiesta Corn <i>Fresh Kiwi</i></p>	<p>26</p> <p>BBQ Chicken Sandwich Glazed Carrots <i>Fresh Orange</i></p>	<p>27</p> <p>Mini Pepperoni Pizza Cucumbers with Dragon Sauce <i>Fresh Pear</i></p>	<p>28</p> <p>Grilled Cheese Vegetable Medley <i>Assorted Fruit</i></p>

BREAKFAST



Monday
*French Toast Sticks
Fruit & Milk*

Tuesday
*Chicken Waffle Sandwich
Fruit & Milk*

Wednesday
*Cinnamon Pancakes
Fruit & Milk*

Thursday
Chocolate Chip or Blueberry Muffin Top or Oatmeal Fruit & Milk

Friday
*Cereal or Yogurt Graham Cracker
Fruit & Milk*

Cereal is offered daily as a 2nd option for breakfast

*Menu items subject to change without prior notice** In accordance with Federal law and United States Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability. ***Milk Variety: 1% white milk or Non-fat Chocolate milk ***Menu Nutritional Information Available Online @ www.VESD.Net***