

VICTOR ELEMENTARY SCHOOL DISTRICT

# VESD WEEKLY MENU

**FRI, SEP 25 OR TUE, SEP 29 11 AM-1 PM  
AT ALL 18 SCHOOLS**

## **BREAKFAST**

**BENEFIT BAR, CEREAL, CINNAMON PANCAKES, YOGURT AND  
CRACKERS, AND CINNAMON CRUMB CAKE**

## **LUNCH**

**BEAN AND CHEESE BURRITO, GRILLED CHEESE, PIZZA,  
DELI SANDWICH, AND CORN DOG**

## **FRUITS & VEGGIES**

**OJ, RED APPLES, GREEN APPLE, PEAR, ORANGE, STRAWBERRY CUP,  
RAISINS, AND BABY CARROTS**

**ALL CHILDREN AGES 3-18 MUST PRESENT MEAL CARD - ONE  
MEAL BAG PER WEEK, PER CHILD**

**FOR EVERYONE'S SAFETY, PLEASE WEAR MASK & PRACTICE  
SOCIAL DISTANCING**

**MENU SUBJECT TO CHANGE**

VICTOR ELEMENTARY SCHOOL DISTRICT

# VESD WEEKLY MENU

## HEATING INSTRUCTIONS

**COOK ALL MENU ITEMS AT  
350° IN CONVENTIONAL OVEN**

<b>CORN DOG</b>	<b>24-26 MINS (THAWED)</b>	<b>34-36 MINS (FROZEN)</b>
<b>GRILLED CHEESE</b>	<b>12 MINS(THAWED)</b>	<b>18 MINS (FROZEN)</b>
<b>PANCAKE</b>	<b>KEEP FROZEN</b>	<b>18-23 MINS (FROZEN)</b>
<b>DELI SANDWICH</b>	<b>KEEP FROZEN</b>	<b>18-20 MINS (FROZEN)</b>
<b>BURRITO</b>	<b>KEEP FROZEN</b>	<b>19-21 MINS (FROZEN)</b>
<b>PIZZA</b>	<b>KEEP FROZEN</b>	<b>12-15 MINS (FROZEN)</b>

## ALLERGEN INFO

<b>CORN DOG</b>	<b>WHEAT, EGG, SOY, AND GLUTEN,</b>
<b>GRILLED CHEESE</b>	<b>WHEAT, SOY, MILK, AND GLUTEN</b>
<b>PANCAKE</b>	<b>WHEAT, EGGS, SOY, MILK</b>
<b>DELI SANDWICH</b>	<b>WHEAT, SOY, AND GLUTEN</b>
<b>BURRITO</b>	<b>WHEAT, SOY, AND MILK</b>
<b>PIZZA</b>	<b>WHEAT, SOY, AND MILK</b>
<b>CINNAMON CRUMBLE</b>	<b>WHEAT, EGG, AND MILK</b>